

## **APPROPRIATE ATTIRE FOR SPORTS PRACTICES/GAMES**

Students should be wearing a t-shirt and school-approved shorts for practices.

The following are **not** allowed.

- Tube or halter tops, backless garments, see-through tops, spaghetti straps, straps hanging off the shoulders
- Tank tops/muscle shirts/cut off shirts
- Baggy or saggy pants, cutoffs, or boxer shorts worn as shorts
- Pants and shorts must fit at the waist, hips, crotch, and thighs, and they must stay at or above the hipbone without a belt. Pants and shorts are too baggy when the two side seams of an individual pant leg are brought to the front of the mid thigh and the side seams touch.
- Shorts must have at least a three inch inseam and must cover the undergarments when sitting, standing, jumping, or bending.
- Midriff, chest and undergarments must be covered at all times, even when arms are raised above the head.
- Head wear including, but not limited to, hats, bandanas, beanies, berets, etc. (On occasion, the school may allow the use of head wear, depending on the activity)

Attire shall not advocate, advertise, denote, or be recognized as gang-affiliated or racist. It shall not have crude or vulgar printing, slogans, symbols, or designs. It shall not have pictures or symbols depicting drugs, alcoholic beverages, tobacco, violence, graffiti, sexual suggestions, or unlawful activity.

Any teacher or the school administration may prohibit any student from participating in a school related sporting event if the student is not in compliance with the dress code.