

FROM THE CURRICULUM GUIDELINES BINDER  
GRADE LEVEL SUBJECT AREA EXPECTATIONS  
DIOCESE OF FRESNO

**KINDERGARTEN**

**Prayers:**

Sign of the Cross  
The Doxology  
The Lord's Prayer  
Grace Before Meals  
Grace After Meals  
The Guardian Angel Prayer

**FIRST GRADE**

**Prayers:**

All prayers noted for K  
Hail Mary

**SECOND GRADE**

**Prayers:**

All prayers noted for K-1  
Act of Contrition  
Holy, Holy, Holy

**THIRD GRADE**

**Prayers:**

All prayers noted for K-2  
Apostles Creed  
Morning Offering  
Rosary  
Prayer to St. Aloysius

**FOURTH GRADE**

**Prayers:**

All prayers noted for K-3  
Acts of Faith  
Acts of Hope  
Acts of Love  
The Prayer of Saint Francis  
Prayer for the Dead

**FIFTH GRADE**

**Prayers:**

All prayers noted for K-4  
Mysteries of the Rosary  
Nicene Creed  
Angelus  
The Regina Coeli  
Prayer to St. Michael

**SIXTH GRADE**

**Prayers:**

All prayers noted for K-5  
Memorare  
Hail Holy Queen

**SEVENTH GRADE**

**Prayers:**

All prayers noted for K-6  
Daily Consecration to Mary

**EIGHTH GRADE**

**Prayers:**

All prayers noted for K-7  
Magnificat  
Prayer to the Angel at Fatima

### **THE DOXOLOGY**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be world without end.

*Amen*

### **THE LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Amen*

### **GRACE BEFORE MEALS**

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty, through Christ, our Lord.

*Amen*

### **GRACE AFTER MEALS**

We give you thanks, O Lord, for all your gifts which we have received from your bounty, through Christ, our Lord.

*Amen*

### **THE GUARDIAN ANGEL PRAYER**

Angel of God, my guardian dear, to whom His love entrusts me here, ever this day, be at my side to light and guard, to rule and guide.

*Amen*

### **THE HAIL MARY**

Hail Mary, full of Grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and hour the hour of our death.

*Amen*

### **THE ACT OF CONTRITION**

O my God, I am heartily sorry for having offended you. I detest all my sins, because of your just punishments, but most of all because they offend you, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more, and to avoid the near occasion of sin.

*Amen*

### **HOLY, HOLY, HOLY**

Holy, holy, holy! Lord God Almighty! Early in the morning our song shall rise to Thee; Holy, holy, holy, Merciful and mighty! God in three Persons, blessed Trinity! Holy, holy, holy! All the saints adore Thee, casting down their golden crowns Around the glassy sea; cherubim and seraphim falling down before Thee, who was, and is, and evermore shall be. Holy, holy, holy! Though the darkness hide Thee, though the eye of sinful man thy glory may not see; only Thou art holy; There is none beside Thee, perfect in power, in love, and purity. Holy, holy, holy! Lord God Almighty! All thy works shall praise Thy Name, in earth, and sky, and sea; Holy, holy, holy; Merciful and mighty! God in three Persons, blessed Trinity!

*Amen*

### **THE APOSTLES CREED**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

*Amen*

### **THE MORNING OFFERING**

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father.

*Amen*

### **PRAYER TO ST. ALOYSIUS**

Dear St. Aloysius, faithful follower of Christ, and loving patron of our youth, help us today to see right from wrong. Let us not lose sight of heavenly realities, while we apply ourselves diligently to the circumstances of our earthly lives. Enable us to hear God's voice, follow His will, pursue His purpose, and accept His judgments. Help us to act to please God rather than ourselves or others. Enable me to walk in faith toward the future that God has promised to those who accept His word.

*Amen*

### **ACT OF FAITH**

O my God, I firmly believe in you, Father, Son, and Holy Spirit. I believe in Jesus Christ as my Savior and Redeemer, and the holy Catholic Church and all the truths it teaches.

*Amen*

### **ACT OF HOPE**

O my God, relying on your great goodness, and on all your promises, I hope to obtain pardon for sins, the help of your grace and life everlasting, through the merits of Jesus, my Lord and Redeemer.

*Amen*

### **ACT OF LOVE**

O my God, I love you above all things, with my whole heart and soul and with all my strength, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and ask pardon of all whom I have injured.

*Amen*

### **PRAYER OF SAINT FRANCIS OF ASSISI**

Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

*Amen*

### **PRAYER FOR THE DEAD**

Eternal rest grant unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. *Amen*

May the souls of the faithful departed, through the mercy of God, rest in peace. *Amen*

### **THE NICENE CREED**

I believe in one God, the Father almighty; maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

*Amen*

## MYSTERIES OF THE ROSARY

### The Five Luminous Mysteries

Thursday

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

### The Five Joyful Mysteries

Monday & Saturday

1. The Annunciation: Humility
2. The Visitation: Charity
3. The Birth of Our Lord: Poverty, or detachment from the world
4. The Presentation of our Lord: Purity of heart, obedience
5. The Finding of Our Lord in the Temple: Piety

### The Five Sorrowful Mysteries

Tuesday & Friday

1. The Agony in the Garden: Contrition for our sins
2. The Scourging at the Pillar: mortification of our senses
3. The Crowning with Thorns: Interior mortification
4. The Carrying of the Cross: Patience under crosses
5. The Crucifixion and Death of Our Lord: That we may die to ourselves

### The Five Glorious Mysteries

Sunday & Wednesday

1. The Resurrection: Conversion of heart
2. The Ascension: A desire for heaven
3. The Coming of the Holy Spirit: The Gifts of the Holy Spirit
4. The Assumption of our Blessed Mother into Heaven: Devotion to Mary
5. The Coronation of our Blessed mother: Eternal happiness

## THE ANGELUS

V – The Angel of the Lord declared unto Mary.

R – And she conceived of the Holy Spirit  
(Hail Mary...)

V – Behold the handmaid of the Lord

R – Be it done unto me according to thy word.  
(Hail Mary ...)

V – And the Word was made Flesh.

R – And dwelt among us  
(Hail Mary ...)

V – Pray for us, O Holy Mother of God

R – That we may be made worthy of the promises of Christ

LET US PRAY: Pour forth, we beseech Thee, O Lord, thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord.

*Amen*

The Angelus is said at 6:00 – 12:00 – 6:00.

## THE REGINA COELI

(Prayed from Easter to Pentecost instead of the Angelus)

V - Queen of heaven, rejoice. Alleluia.

R - For He whom thou wast worthy to bear.  
Alleluia.

V - Has risen as He said. Alleluia.

R - Pray for us to God. Alleluia.

V - Rejoice and be glad, O Virgin Mary. Alleluia.

R - For the Lord is truly risen. Alleluia.

LET US PRAY: O God, Who by the resurrection of thy Son, Our lord, Jesus Christ, hast been pleased to give joy to the whole world, grant, we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ Our Lord.

*Amen*

### **PRAYER TO ST. MICHAEL**

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into Hell Satan and all the other evil spirits who prowl about the world seeking the ruin of souls.

*Amen*

### **THE MEMORARE**

Remember, O most gracious Virgin Mary, that never was known that anyone who fled to your protection, implored your help and sought your intercession was left unaided. Inspired with this confidence, I fly unto you, O Virgin of Virgins, my Mother. To you I come, before you I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.

*Amen*

### **HAIL, HOLY QUEEN**

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve. To thee do we send our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the Blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin, Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

### **DAILY CONSECRATION TO MARY**

My Queen and my Mother, I give myself entirely to You. To show my devotion to You, I consecrate to You this day my eyes, my ears, my mouth, my heart, my whole being without reserve. Therefore, Dear Mother, as I am Your own, keep me. Guard me as Your property and possession.

*Amen*

### **THE MAGNIFICAT**

My soul magnifies the Lord, and my spirit rejoices in God my Savior. For He has regarded the low estate of His handmaiden, for behold, henceforth all generations shall call me blessed. For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. He has shown strength with His arm: he has scattered the proud in the imagination of their hearts. He has put down the mighty from their thrones, and exalted those of low degree. He has filled the hungry with good things; and the rich He has sent empty away. He has helped His servant Israel, in remembrance of His mercy; as He spoke to our fathers, to Abraham and to His posterity forever.

*Amen*

### **PRAYER TO THE ANGEL AT FATIMA**

Most Holy Trinity, Father, Son, and Holy Spirit, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul, and Divinity of Jesus Christ, (truly) present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

*Amen*